

## **Kurslitteratur IPT Nivå A**

### **För kursdeltagare med inriktning vuxenbehandling:**

Stuart S, Robertson M (2012): Interpersonal Psychotherapy: A Clinician's Guide, Second Edition, CRC Press.

Weissman, M.M., Markowitz, J.C. & Klerman, G.L. (2018). The Guide to Interpersonal Psychotherapy. New York: Basic Books (283 sidor).

### **För kursdeltagare med inriktning ungdomsbehandling:**

Mufson, L., Moreau, D., Weissman, W. & Klerman, G. (2011). Interpersonal Psychotherapy for Depressed Adolescents. New York, Guilford Press.

Stuart S, Robertson M (2012): Interpersonal Psychotherapy: A Clinician's Guide, Second Edition, CRC Press.

### **För samtliga kursdeltagare:**

Cuijpers, P; Geraedts, A; van Oppen, P; Andersson, G; Markowitz, J; van Straten, A. (2011). Interpersonal Psychotherapy for Depression: A Meta Analysis. Am J Psychiatry, 168:581-592.

Cuijpers, P., Donker, T. Weissman, M., Ravitz, P., Ioana A. C. (2016). Interpersonal Psychotherapy for Mental Health Problems: A Comprehensive Meta-Analysis. Am J Psychiatry.

Lipsitz, J. D., Markowitz, J. C. (2013): Mechanisms of Change in Interpersonal Therapy (IPT). Clinical Psychology Review, 33 (8), 1134-1147.

Markowitz, J. C., Petkova, E., Neria, Y., Van Meter, P. E., Zhao, Y., Hembree, E., Lovell, K., Biyanova, T., Marshall, R.D. (2015). Is Exposure Necessary? A Randomized Clinical Trial of Interpersonal Psychotherapy for PTSD. The American Journal of Psychiatry.

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Psykologi**

Oskarsgatan 4  
414 63 Göteborg  
karin@verksampsykologi.com  
[www.verksampsykologi.com](http://www.verksampsykologi.com)