

Kurslitteratur IPT Nivå A

För kursdeltagare med inriktning på vuxenbehandling:

Stuart S, Robertson M (2012): Interpersonal Psychotherapy: A Clinician's Guide, Second Edition, CRC Press.

Weissman, M.M., Markowitz, J.C. & Klerman, G.L. (2000). Comprehensive Guide to Interpersonal Psychotherapy. New York: Basic Books.

För kursdeltagare med inriktning på ungdomsbehandling:

Mufson, L., Moreau, D., Weissman, W. & Klerman, G. (2011). Interpersonal Psychotherapy for Depressed Adolescents. New York, Guilford Press.

Stuart S, Robertson M (2012): Interpersonal Psychotherapy: A Clinician's Guide, Second Edition, CRC Press.

För samtliga kursdeltagare:

Carter, J. D., Luty, S. E., McKenzie, J. M., Mulder, R. T., Frampton, C. M. & Joyce, P. R. (2011). Patient predictors of response to cognitive behaviour therapy and interpersonal psychotherapy in a randomised clinical trial for depression. *Journal of affective disorder*, 128, 252-261.

Cuijpers, P; Geraedts, A; van Oppen, P; Andersson, G; Markowitz, J; van Straten, A. (2011). Interpersonal Psychotherapy for Depression: A Meta Analysis. *Am J Psychiatry*, 168:581-592.

Cuijpers, P., Donker, T. Weissman, M., Ravitz, P., Ioana A. C. (2016). Interpersonal Psychotherapy for Mental Health Problems: A Comprehensive Meta-Analysis. *Am J Psychiatry*.

Lipsitz, J. D., Markowitz, J. C. (2013): Mechanisms of Change in Interpersonal Therapy (IPT). *Clinical Psychology Review*, 33 (8), 1134-1147.

Markowitz, J. C., Petkova, E., Neria, Y., Van Meter, P. E., Zhao, Y., Hembree, E., Lovell, K., Biyanova, T., Marshall, R.D. (2015). Is Exposure Necessary? A Randomized Clinical Trial of Interpersonal Psychotherapy for PTSD. *The American Journal of Psychiatry*.

► **Verksam
Psykologi**

Oskarsgatan 4
414 63 Göteborg
karin@verksampsykologi.com
www.verksampsykologi.com